

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# July 2023

9:15- Morning Exercise 1  
10:30- The Price is Right!  
1:30- Movie & Popcorn  
3:00- Resident Choice!

Canada Day

9:15- Morning Stretching 2  
10:00- Lutheran Church Service (Ch.2)  
**12:00- Patriotic Caroling! Miss Becky & Family!**  
1:30- What's My Line Game Show!  
3:00- Manicures & Massages

9:15- Chair Yoga 3  
10:30- Knitting Circle (SS)  
**1:30- 4th of July Bingo! (CR)**  
3:00- Word Games or Patio Visits!

Happy Birthday, Vera!

9:15- Morning Exercise 4  
10:30- Independence Day Sing Along Songs! (on unit)  
1:30- Firework Show and Popcorn! (on unit)  
3:00- Puzzles & Coloring

Independence Day (US)



9:15- Chair Yoga 5  
**10:30- Card Club (CR)**  
1:30- Art Therapy (CR)  
3:00- Trivia or Table Games

9:15- Morning Exercise 6  
10:30- Lutheran Service (CR)  
**2:00- Shirley Garrett R&B Performance (HH)**  
3:00- Patio Visits

Happy Birthday, Irene A & Shirley P

9:15- Drum Fit Exercise 7  
**10:30- Balloon Volleyball (HH)**  
**1:30- Happy Hour (CR)**  
3:00- Guess that Tune

9:15- Stretching 8  
10:30- The Match Game Show!  
1:30- Movie & Popcorn  
3:00- Resident Choice!

9:15- Morning Stretching 9  
10:00- Lutheran Church Service (Ch.2)  
1:30- Guess that Tune or Sing-Alongs  
3:00- Manicures & Massages

9:15- Chair Yoga 10  
10:30- Watercolor Workshop (SS)  
1:30- Bocce Ball! (CR)  
3:00- Word Games or Patio Visits!

9:15- Morning Exercise 11  
**10:30- MCAL Intergen: Story Time & Treats! (HH)**  
**12:00- Ravenswood Luncheon!**  
1:30- Bingo (CR)  
3:00- Puzzles & Coloring

Happy Birthday, JoAnn!

9:15- Chair Yoga 12  
**10:30- All House Intergen! 1:30- Hula Hoop Weaving with Adult Day! (CR)**  
3:00- Trivia or Table Games

9:15- Morning Exercise 13  
10:30- Catholic Mass (Chapel)  
11:00- Toddler Visits!  
**1:30- Remember When Duo Performance! Sponsored by the Toni Copoulos Fund! (HH)**  
3:00- Patio Visits

Happy Birthday, Irene A & Shirley P

9:15- Drum Fit Exercise 14  
**10:30- Balloon Volleyball (HH)**  
**1:30- Happy Hour (CR)**  
3:00- Guess that Tune

9:15- Morning Exercise 15  
10:30- The Price is Right  
1:30- Movie & Popcorn  
3:00- Resident Choice!

9:15- Morning Stretching 16  
10:00- Lutheran Church Service (Ch.2)  
1:30- What's My Line Game Show!  
3:00- Manicures & Massages

9:15- Chair Yoga 17  
10:30- Knitting Circle (SS)  
1:30- Bocce Ball (CR)  
3:00- Word Games or Patio Visits!

9:15- Morning Exercise 18  
10:30- Coffee Corner!(CR)  
1:30- Bingo (CR)  
3:00- Puzzles & Coloring

9:15- Chair Yoga 19  
**10:30- Card Club (CR)**  
1:30- Art Therapy (CR)  
3:00- Trivia or Table Games

9:15- Morning Exercise 20  
10:30- Lutheran Service (CR)  
11:00- Toddler Visits!  
**2:00- Jay Isaacson on Piano (HH)**  
3:00- Patio Visits

Happy Birthday, Milda!

9:15- Drum Fit Exercise 21  
10:30- Patio Visits or Word Games  
1:30- Happy Hour & Resident Council! (CR)  
3:00- Guess that Tune

9:15- Morning Exercise 22  
10:30- The Match Game Show  
1:30- Movie & Popcorn  
3:00- Resident Choice!

9:15- Morning Stretching 23  
10:00- Lutheran Church Service (Ch.2)  
1:30- Guess that Tune or Sing-Alongs  
3:00- Manicures & Massages

9:15- Chair Yoga 24  
10:30- Watercolor Workshop (SS)  
1:30- Bocce Ball (CR)  
3:00- Word Games or Patio Visits

9:15- Morning Exercise 25  
**10:30- MCAL Intergen: Hot Fudge Sunday Treats! (CR)**  
**1:30 - South Shore Terrace Outing!**  
3:00- Puzzles & Coloring

Happy Birthday, Carolyn! & Ellen

9:15- Chair Yoga 26  
**10:30- Baking: S'mores Bars (Pasadena)**  
**1:30- Art Therapy (CR)**  
3:00- Trivia or Table Games

9:15- Morning Exercise 27  
10:30- Catholic Mass (Chapel)  
11:00- Toddler Visits!  
1:30- Bowling (CR)  
3:00- Patio Visits

9:15- Drum Fit Exercise 28  
**10:30- All House Intergen!**  
1:30- Happy Hour (CR)  
3:00- Guess that Tune

9:15- Morning Exercise 29  
10:30- The Price is Right  
1:30- Movie & Popcorn  
3:00- Resident Choice!

9:15- Morning Stretching 30  
10:00- Lutheran Church Service (Ch.2)  
1:30- What's My Line Game Show!  
3:00- Manicures & Massages

9:15- Chair Yoga 31  
10:30- Knitting Circle (SS)  
1:30- Bocce Ball (CR)  
3:00- Word Games or Patio Visits!

# Elaine's Hope®

LUTHERAN HOME MEMORY CARE

Rachael Wuensch - Program Manager ext. 230 \*Calendar is subject to change!

CR= Community Room, HH= Hardt Hall, SS= Seasons Studio