

The Beacon

The Lutheran Home | 7500 W North Ave, Tosa | 414.258.6170 | thelutheranhome.org



A Word from Chaplain Derek

This month I want to introduce our new deaconess intern, Melissa Pflug. Many of you may have met her already as she became familiar with her



role at Lutheran Home. But this is an opportunity for you all to learn a little about Melissa, her background and what she hopes to accomplish while she is with us. For those who are not familiar with the term, Deaconess, a deaconess is a religious worker who specializes in mercy care ministry, education or administrative work for the Church. A deaconess has a four year BA, followed by two years of Master's study in theology, culminating in a yearlong practical internship. Upon completion of her internship with Lutheran Home Melissa will be certified as a Deaconess and be qualified to work professionally in the Church.

Melissa has spent the last ten years living and working in Europe. She went to Germany on a Fulbright Scholarship and spent two years teaching English and working as an editor. She then moved to Spain, teaching Business English and English is a Foreign Language there for four years. She then worked in Madrid as a paralegal for the past four years. Yes, she does speak both German and Spanish fluently.

Her participation in a small Lutheran mission congregation in Madrid, combined with being asked by many European friends about her Christian faith and why she believed as she did, let her to enroll in the seminary in Fort Wayne, IN, so that "I can give better answers about my beliefs." She has enjoyed meeting the residents and staff at Lutheran Home as she begins her yearlong commitment.

This is her first time in Milwaukee and is living on the East side. She has two brothers and one sister who are dispersed around the country. Her father is a Lutheran pastor in southeast Indiana and her mother is a nurse in a skilled nursing facility. Lutheran Home is very fortunate to have someone with Melissa's background and experience as part of our chapel team. Please welcome her to Lutheran Home, and let's make her into a Packer fan.

Resident Spotlight

By Carol Conway



This month the Beacon shines its light on Donna Egle, 99.5 years young and the classiest dresser in the building. She is always seen with her crossword puzzle. Donna is from the Milwaukee/Tosa

area. She spent many years as an executive secretary (hence the wardrobe) and taught ballroom dancing at the Arthur Murray studios. She once danced with Desi Arnez and when Dancing with the Stars was popular, she taught Dancing with the Seniors. Donna is a talented artist and plays piano beautifully. She belonged to many choirs and will occasionally break into song to the delight of her table mates. Donna has no children but has 5 swell nephews. The tall, handsome fellow with her most days is her nephew, Jack. Stop by and say Hello to Donna, she is the lady with the white sunglasses!

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SAVE THESE DATES

Intergenerational Art Show
September 28

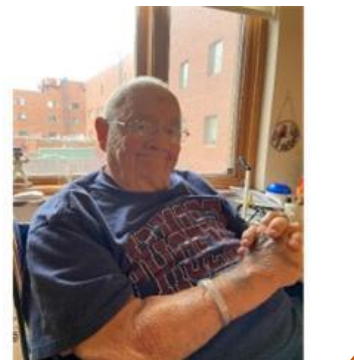
The Annual Intergenerational Art Show Returns

The Lutheran Home Intergenerational programming is back in full swing after a long and difficult break over the COVID years. Our community of Childcare, Elaine's Hope, Adult Day Services, and Skilled Nursing has returned to a thriving state of creative collaborations and playful experiences. The program's goal is to re-strengthen and nurture the bonds between people of all ages and abilities in our beautifully diverse community.



Come celebrate our community of artists as we welcome the Intergenerational Art Show back in the Courtyard Café for its 8th year. The art show features work from individual artists, small groups of artists, and art made by our whole community during all house creative experiences. During our opening reception on September 28th from 4-6pm, enjoy live music by Frogwater, Hors d'Oeuvres, wine, and mocktails while you stroll through the Courtyard Café full of art!

This issue of the Beacon is dedicated to the memory of our friend and contributor, Fred Meyer who passed away this past June. Fred was a wonderful and wise man who shared his humor and positivity with us with his "Musings". His "Musings by Fred" were always uplifting and thought provoking, and it made his heart happy to hear the positive feedback he received from all who were touched by his words. He was an original in every way and he will be missed. Peace, Fred ☮



A Bit of Local History

Does this building look familiar??



It was is now the Sendik's on North Avenue. But here is a bit of the history of this recognizable midcentury Tosa staple.

In 1946, Maxwell Kohl constructed his first supermarket at 4623 West Burleigh Street in the City of Milwaukee. However, in 1950 the first prototypical arched design of a Kohl's supermarket was constructed along North Avenue in Wauwatosa. Similar to the prototypical Kohl's Grocery, the first of the arched type along North Avenue does lack the later floor-to-ceiling glass, textured brick, and Kohl's channel lettering. However, it does retain the original pylon, but not the original Kohl's channel lettering. Not all Kohl's constructed in the 1950s and 1960s were identical, though they did share the arched roofed element. The Kohl's on North Avenue was remodeled in 1960.

Kohl's became a pioneer of the modern supermarket trend in the 1950s with its large buildings, modern architecture, automatic doors, on-site parking, interior mezzanines, and the inclusion of a deli and bakery within the store. By 1972, there were fifty Kohl's supermarkets in southeastern Wisconsin, and it was the largest grocery chain in Milwaukee County. Kohl's stores were eventually sold to the Great Atlantic and Pacific Tea Company (A&P) in 1983, though it retained the Kohl's name and branding. In 2003, the grocery stores were sold again, and the company dissolved. The building is presently occupied by Sendik's Food Market and remodeled. It is notable that it is still used as a grocery store.

Staff Spotlight

Our spotlight this time is on our wonderful café worker, Bridgette! Brigette works in the kitchen and does various jobs to help our staff, families, and employees get their food and drinks. Not only does Brigette act as barista, creating some delicious coffee beverages and smoothies, but she also prepares breakfast and lunch.



Bridgette has been in the hospitality industry for 17 years. She is originally from Detroit, MI where most of her family still live and where she hopes to retire. Here in Milwaukee, she has one son named Keondrey who is currently working as Sherrif in Ozaukee County, whom she is very proud of. She takes care of her two grandbabies most days while her son works. She LOVES spending time with her grandkids who are named Keondrey Jr. and Kalani. Bridgette loves to cook and spoil her grandkids. Her favorite foods to make are soul food, spaghetti, and lasagna.

When she's not working, Brigdette enjoys the best Milwaukee has to offer and loves all of the things that make our city special like brats, beer and big hot pretzels. Brigette also loves going to concerts, dining out, and being with her family. She has been working at the Lutheran Home since 2016. Her favorite part of working in the café is serving and helping all of the nice people that come in. Make sure to say hello to Bridgette next time you stop by the Courtyard Café!

Autumn Joys

Does the changing of the seasons always seem to bring you back to seasons past? With the leaves outside your window about to turn colors, are your memories stirred by this crisp, cool, beautiful season? It's always been my mom's favorite. Today, the simple things about it – the sights, sounds and scents of childhood autumns – continue to live in her memory.



My mom, Anita, grew up in a small town called Greenwood in the middle of Wisconsin. In the 1930s, it was a tiny town of some 700 people, surrounded by dairy farms and the unspoiled beauty of nature.

When we stop to talk about autumn for this article, I can see that she still sees it in her mind. She remembers the sights and sounds and the little details.

On this afternoon, she tells me how, of all the trees, she liked the colorful maples best, the way their leaves would change to orange and red practically overnight after a sudden cold snap. Spending time outside, as she did a lot, she remembers the smell of wood burning – maybe in their neighbor's fireplace, maybe out in a farmyard.

"Our parents had us three girls do the raking," Mom says. "That kept us busy outside while they tended to indoor work like making dinner or, for my dad, working on a sermon for Sunday church." She remembers making leaf piles and the "whoosh" sound when you jumped in over your head and the laughter that followed.

She told me how she and her sisters had the task of bringing in wood from the wood pile for the kitchen stove and how early autumn brought about the last harvesting of the family's garden. They grew peas, tomatoes, corn, and potatoes.

by Anita Duschak

Autumn turned to winter, a season marked by sledding down the big hill just off Main Street. When the snow melted, springtime meant the luxurious scent of lilacs and, later, the hypnotizing sound of crickets out her window as she'd drift off to sleep. Her fondest memories of summertime are of sitting on giant boulders in the Black River not far from her house, dangling her feet in the rushing water.

But, inevitably, she says, the heat of summer soon had her looking forward to that favorite season of all: crisp, cool, colorful autumn.

These days, just as we roll out to the courtyard to see the flowers and birds in summer, we'll take a few jaunts to re-live some of the pleasures of autumn, enjoying each cherished moment.

Lakefront Outing by Betty Hurni



After rescheduling the outing a couple of times due to the rain and heat this June, we were finally able to go out on a beautiful, warm day. We drove down to Lake Drive and enjoyed seeing the lake and all of the beautiful homes. There were many boats and

people enjoying the benefits of living so close to such a beautiful lakefront. Once we were parked by the lake, we were able to sit in the sun and enjoy the sights and sounds around us. We stopped and had lunch at Culvers, which was delicious. And to top everything off, we had hot fudge sundaes for dessert. It was a perfect summer day!

