

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

The Lutheran Home Adult Day Center

						1 Balloon Volleyball 10:30(HH) Labor Day Laughs Guess the Occupation Learn about Labor Day	2
3	4 CLOSED LABOR DAY <small>Labor Day</small>	5 Worship Service 1:30 (ADS) Sharp Dressed Trivia A-Z Occupation Reminisce Would you rather Game	6 Card Club 10:30(MCAL) Who Am I? Can you picture this Golf	7 Football Kick Off Day	8 Intergen with 4's 10:30 (ADS) Entertainment 2-3 (HH) Football Trivia Football Word Games	9 Team Crossword Ready, Steady, Roll! EZ Does it Trivia Bingo	
10 Grandparents Day	11 Paint by Number Funny Fashion Joke Hour What Am I ? Spa Day	12 Chocolate Milkshake Day	13 All House Intergen 10:30 (SS) Walking Club Shorty Story Reminisce Yahtzee	14 Intergen with 4's 10:30 (ADS) History of Grandparent's Day Grandparent Day Word Game Words of Wisdom Washer Toss	15 Balloon Volleyball 10:30(HH) Movie Matinee and Popcorn Team Jeopardy Card Game Galore	16 Rosh Hashanah Begins	16 Oktoberfest Begins
17 National Adult Day Services Week	18 Happy Birthday US Air Force Airforce Band Videos Military Branch Quiz Air Force Facts Balloon Volleyball	19 Worship Service 1:30 (ADS) Walking Club Marching Band Reminisce Marching Band Instrument Class	20 Card Club 10:30(MCAL) Arm Chair Travel: Milan Meet me in Milan Brief Dart Ball Milan Video Tour	21 Intergen with 4's 10:30 (ADS) Spa Day Bingo Fluorescent Trivia or Puzzles	22 Apple Orchard Outing 10-12 (Bus loads at 9:45 promptly) Apple Tasting Apple Tree Art	23 Autumn Begins	
24 Yom Kippur Begins	25 Grocery Store Games Walking Club Science of Fashion Fashion Art or Bocce Ball	26 September Birthday Party Balloon Volleyball Birthday Sing A Long September Gazette Birthday Art	27 Spa Day Watercolor to Nature Participant Council 1:30 Karaoke	28 Intergen with 4's 10:30 (ADS) Entertainment 2-3 (HH) Dart Ball Clay Create Art Show 5-8	29 Harvest Moon Day Moon Facts Harvest Moon Word Game Balloon Volleyball 10:30(HH) Moon Song Sing A Long	30 Sukkot Begins	

*** Daily Activities: Breakfast, Meet and Greet, Daily Chronicles, Exercise Class, Lunch, Rest, Snack. Access to Chapel/Courtyard/Café ***