9:15- Morning Stretching 24

10:00- Lutheran Church

1:30- Guess that Tune or

Yom Kippur

Service (Ch.2)

Sing-Alongs

Massages

3:00- Manicures &

Patio Visits!

10:30- Knitting Circle (SS)

1:30- Bocce Ball (CR)

3:00- Word Games or

9:15- Chair Yoga

Patio Visits!

3:00- Puzzles & Coloring

25 9:15- Morning Exercise 26 9:15- Chair Yoga 10:30- Coffee Corner & **Croissants (CR)** 1:30- Bingo (CR) 3:00- Puzzles & Colorina

3:00- Rhymes & Riddles

Happy Birthday, Harriet

10:30- Bowling (CR)

3:00- Trivia or Table

Games

1:30- Art Therapy (CR)

Happy Birthday, Irene Z.! 27 9:15- Morning Exercise 10:30- Catholic Mass (Chapel) 11:00- Toddler Visits! 2:00- Fashionably Late **Band Performance (HH)** 4-6pm - 8th Annual Lutheran **Home Intergenerational Art** Show! (LH Café)

Happy Birthday, Virginia

World Alzheimer's Day

Autumn Begins

28 9:15- Drum Fit Exercise 29 9:15- Morning Exercise 30 10:30 - Balloon Volleyball 10:30- The Price is Right with Adult Day (HH) 1:30- Movie & Popcorn 1:30- Footprints Art 3:00- Resident Choice! **Gallery Tour! (CR)** 3:00- Guess that Tune

CY= Court Yard, CR= Community Room, HH= Hardt Hall, SS= Seasons Studio

Sukkot Begins