

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY 955 - CH955 The Vine CH - Chapel CR - Community Room COR - Conference Room CY - Courtyard HC - Health Center OR - Orchard Room PRP - Plank Road Pub	TDR - Terrace Dining Room VR - Villa Room WC - Wellness Center	An asterisk (*) indicates that sign up is required for that event. Sign up sheets can be found in the Activity Reservation Book outside of the Harwood Place Library.			9:15 VIRTUAL Exercise (955) 1:00 *Groceries 3:00 Catholic Mass (CH)	
11:30 Chapel Service (CH) 3	Labor Day 9:15 VIRTUAL Exercise (955) 4 10:15 LC Meeting (OR)	1:00 In & Out Clinic (HC) 5 3:00 Knit & Crochet (PRP)	8:30 *Caregiver Support (COR) 6 9:15 Seated Dumbbell (CR/955) 2:00 50 Cent Bingo (CR)	9:30 *Elite Hearing (WC) 7 10:30 Good News Group (OR) 1:00 In & Out Clinic (HC) 2:30 Harwood Neighbor Social (PRP)	9:15 Exercise Class (CR) 8 10:30 Group Games (CY) 1:00 *Groceries 3:00 Catholic Mass (CH)	1:30 Afternoon Movie: Dog Gone, Rated PG (CR) 9
11:30 Chapel Service (CH) 10	9:15 Exercise Class (CR) 11 10:00 DSC Meeting (OR) 10:00 Mug Club (PRP) 1:00 *Groceries 1:30 Balance Class (CR) 4:00 The Crown DVD (CR)	10:00 Bible Study (CH) 12 11:00 Plarn Group (OR) 1:00 In & Out Clinic (HC) 3:30 Chorus Rehearsal (CR)	9:15 Resistance Bands (CR/955) 13 11:30 *Lunch at the 5 O' Clock Club	9:15 NIA Exercise (CR) 14 11:00 Reader's Theater (CH) 1:00 In & Out Clinic (HC) 2:30 *Afternoon Tea (PRP)	9:15 Seated Exercise (CR/955) 15 1:00 *Groceries 3:00 Catholic Mass (CH)	1:30 Afternoon Movie: Hillbilly Elegy, Rated R (CR) 16
11:30 Chapel Service (CH) 17	9:15 Seated Exercise (CR/955) 18 10:00 Mug Club (PRP) 10:30 Stammtisch (OR) 1:00 *Groceries 4:00 The Crown DVD (CR)	10:00 Bible Study (CH) 19 1:00 In & Out Clinic (HC) 3:30 Chorus Rehearsal (CR)	8:30 *Caregiver Support (COR) 20 9:15 Seated Dumbbell (CR/955) 10:30 Ecumenical Service (CH) 1:00 Joan J's Book Report (OR) 3:00 *Joyful Living for Your Second Act (TDR)	8:30 *Men's Breakfast (TDR) 21 9:15 NIA Exercise (CR) 9:30 *Outing: Titanic at the Fireside Dinner Theater 1:00 In & Out Clinic (HC)	9:15 Exercise Class (CR) 22 10:30 Group Games (CY) 1:00 *Groceries 3:00 Catholic Mass (CH)	1:30 Afternoon Movie: Persuasion, Rated PG (CR) 23
11:30 Chapel Service (CH) 24	9:15 Exercise Class (CR) 25 10:00 Mug Club (PRP) 10:00 RAC Meeting (OR) 1:00 *Groceries 1:30 Balance Class (CR) 4:00 The Crown DVD (CR)	9:00 *Tech Connect Clinic (COR) 26 10:00 Lutheran Communion (CH) 1:00 In & Out Clinic (HC) 3:30 Chorus Rehearsal (CR)	9:15 Resistance Bands (CR/955) 27 10:00 *Estate Coaching Seminar (VR) 12:00 *Book Club Luncheon (CR)	9:15 NIA Exercise (CR) 28 10:30 UU Circle (OR) 1:00 In & Out Clinic (HC) 2:00 Birthday Treat (PRP) 2:30 Smart Living Group (OR) 3:30 Which Came First: Homelessness or Mental Illness, with Stephen Saunders, Ph.D. (CR)	9:15 Exercise Class (CR) 29 10:30 Group Games (CY) 1:00 *Groceries 3:00 Catholic Mass (CH)	1:30 Afternoon Movie: Fatherhood, Rated PG13 (CR) 30

September 2023

Activity Calendar

