

<p>9:15- Morning Stretching 10:00- Lutheran Church Service (Ch.2) 1:30- What's My Line Game Show! 3:00- Manicures &amp; Massages</p>	<p>9:15- Chair Yoga <b>2</b> 10:30- Watercolor Workshop (SS) 1:30- Bocce Ball (CR) 3:00- Guess in 10</p> <p>Happy Birthday, Miriam!</p>	<p>9:15- Morning Exercise <b>3</b> <b>10:30-Coffee Corner with Muffins (CR)</b> 1:30- Bingo (CR) 3:00- Puzzles &amp; Coloring</p>	<p>9:15- Chair Yoga <b>4</b> <b>10:30- Card Club with Adult Day (CR)</b> 1:30- Art Therapy (CR) 3:00- Rhymes &amp; Riddles</p>	<p>9:15- Morning Exercise <b>5</b> 10:30- Lutheran Service (CR) <b>1:30- Holy Hill Scenic Drive Outing!</b> <b>2:00- Sherwood Alper Band (HH)</b> 3:00- Word Games</p>	<p>9:15- Drum Fit Exercise <b>6</b> <b>10:30- Balloon Volleyball with Adult Day (HH)</b> 1:30- Happy Hour (CR) 3:00- Guess that Tune</p>	<p>9:15- Morning Exercise <b>7</b> 10:30- The Price is Right! 1:30- Movie &amp; Popcorn 3:00- Resident Choice!</p> <p>Simchat Torah Begins</p>
<p>9:15- Morning Stretching <b>8</b> 10:00- Lutheran Church Service (Ch.2) 1:30- Guess that Tune or Sing-Alongs 3:00- Manicures &amp; Massages</p>	<p>9:15- Chair Yoga <b>9</b> 10:30- Knitting Circle (SS) 1:30- Bocce Ball (CR) 3:00- Guess in 10</p> <p>Columbus Day (US) Indigenous Peoples' Day Packers vs Raiders @ 7:15pm</p>	<p>9:15- Morning Exercise <b>10</b> <b>10:30- Sensory Play with the Toddlers (CR)</b> 1:30- Bingo (CR) 3:00- Puzzles &amp; Coloring</p>	<p>9:15- Chair Yoga <b>11</b> <b>10:00- All House Intergen: Movie and Snack! (HH)</b> 1:30 - Art Therapy(CR) 3:00- Trivia or Table Game</p>	<p>9:15- Morning Exercise <b>12</b> 10:30- Catholic Mass (Chapel) 11:00- Toddler Visits! 1:30- Bowling! (CR) 3:00-Word Games</p>	<p>9:15- Drum Fit Exercise <b>13</b> 10:30- Treat &amp; Trivia Trolley 1:30- Happy Hour (CR) 3:00- Guess that Tune</p>	<p>9:15- Stretching <b>14</b> 10:30- The Match Game Show! 1:30- Movie &amp; Popcorn 3:00- Resident Choice!</p>
<p>9:15- Morning Stretching <b>15</b> 10:00- Lutheran Church Service (Ch.2) 1:30- What's My Line Game Show! 3:00- Manicures &amp; Massages</p>	<p>9:15- Chair Yoga <b>16</b> 10:30- Watercolor Workshop (SS) 1:30- Bocce Ball (CR) 3:00- Guess in 10</p>	<p>9:15- Morning Exercise <b>17</b> <b>10:30- Coffee Corner with Apple Cider Donuts (CR)</b> 1:30- Bingo (CR) 3:00- Puzzles &amp; Coloring</p>	<p>9:15- Chair Yoga <b>18</b> <b>10:30- Card Club with Adult Day (CR)</b> <b>1:30- Art Therapy: Pumpkin Painting (CR)</b> 3:00- Rhymes &amp; Riddles</p>	<p>9:15- Morning Exercise <b>19</b> 10:30- Lutheran Service (CR) 11:00- Toddler Visits! 1:30- Bowling! (CR) 3:00- Word Games</p>	<p>9:15- Drum Fit Exercise <b>20</b> <b>10:30- Balloon Volleyball with Adult Day! (CR)</b> 1:30- Happy Hour (CR) 3:00- Guess that Tune</p>	<p>9:15- Morning Exercise <b>21</b> 10:30- The Price is Right 1:30- Movie &amp; Popcorn 3:00- Resident Choice!</p>
<p>9:15- Morning Stretching <b>22</b> 10:00- Lutheran Church Service (Ch.2) 1:30- Guess that Tune or Sing-Alongs 3:00- Manicures &amp; Massages</p> <p>Packers vs Broncos @ 3:25pm</p>	<p>9:15- Chair Yoga <b>23</b> 10:30- Knitting Circle (SS) <b>1:30- Halloween Cookie Decorating (CR)</b> 3:00- Guess in 10</p>	<p>9:15- Morning Exercise <b>24</b> <b>10:30- MCAL Intergen: Trick-or-Treat Bag Decorating &amp; Mask Making (CR)</b> 1:30- Bingo (CR) 3:00- Puzzles &amp; Coloring</p> <p>Happy Birthday, Kathryn!</p>	<p>9:15- Chair Yoga <b>25</b> <b>10:30- Baking: Apple Crisp! (Pasadena)</b> 1:30- Art Therapy (CR) 3:00- Trivia or Table Games</p>	<p>9:15- Morning Exercise <b>26</b> 10:30- Catholic Mass (Chapel) 11:00- Toddler Visits! <b>2:00- Rockin' Randy Halloween Show (HH)</b> 3:00- Word Games</p>	<p>9:15- Drum Fit Exercise <b>27</b> <b>10:30- All House Intergen: Trick-or-Treat Picture Bingo (HH)</b> <b>1:30- Halloween Happy Hour Party (CR)</b> 3:00- Guess that Tune</p>	<p>9:15- Morning Exercise <b>28</b> 10:30- The Match Game Show 1:30- Movie &amp; Popcorn 3:00- Resident Choice!</p> <p>Happy Birthday, Lois!</p>
<p>9:15- Morning Stretching <b>29</b> 10:00- Lutheran Church Service (Ch.2) 1:30- What's My Line Game Show! 3:00- Manicures &amp; Massages</p> <p>Packers vs Vikings @ 12:00pm</p>	<p>9:15- Chair Yoga <b>30</b> 10:30- Watercolor Workshop (SS) 1:30- Bocce Ball (CR) 3:00- Guess in 10</p> <p>Happy Birthday, Karoll!</p>	<p>9:15- Morning Exercise <b>31</b> <b>10:30- All House Intergen: Trick or Treat!</b> 1:30- Bingo (CR) 3:00- Puzzles &amp; Coloring</p> <p>Halloween</p>	<h1>October 2023</h1> <p><i>Elaine's Hope</i> LUTHERAN HOME MEMORY CARE</p>			