

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY AL/AR - Assisted Living Activity Room AL/DR - Assisted Living Dining Room CH - Chapel CR - Community Room COR - Conference Room OR - Orchard Room	PL - Parking Lot PRP - Plank Road Pub TDR - Terrace Dining Room WC - Wellness Center		9:15 Exercise Class: Seated Dumbbells (Community Room/CH 955) 1:00 Book Club with Maureen (OR) 2:30 Bingo (AL/DR) 3:00 Catholic Mass (CH)	9:30 *Elite Hearing (WC) 10:00 Fitness & Fun (AL/DR) 2:00 Santa's Reindeer Visit (PL)	9:15 Exercise Class (CR) 12:00 Massage Therapy (1st Floor Wellness Clinic) 1:30 Fitness & Fun (AL/DR) 3:00 Catholic Mass (CH)	1:30 Afternoon Movie: Rescued By Ruby (Rated TV-G) (CR)
11:30 Chapel Service (CH) 5	9:15 Exercise Class (CR) 6 10:00 Mug Club (PRP) 2:30 Bingo (AL/DR) 2:30 Group Games (CR) 4:00 Greatest Events of World War II in Colour	10:00 Bible Study (CH) 7 2:00 Knit & Crochet (PRP) 2:00 Pet Therapy Dog Visit! (AL Activity Room) 3:30 Chorus Rehearsal (CR)	9:15 Exercise Class: Seated Resistance Bands (Community Room/CH955) 10:00 Gift Shop End of Year Clearance Event (Gift Shop) 2:30 Bingo (AL/DR) 8	9:00 *Tech Connect Clinic (COR) 9 10:00 Fitness & Fun (AL/DR) 2:00 AL Thursday Fun: Musical Entertainment (AL/AR)	9:15 Seated Exercise (No Equipment) (Community Room/CH955) 10 9:30 *Outing: MSO Concert 3:00 Catholic Mass (CH)	Veterans Day 1:30 Afternoon Movie: The Imitation Game PG-13 (CR) 11
11:30 Chapel Service (CH) 12	9:15 Exercise Class (CR) 13 10:00 Mug Club (PRP) 2:30 Bingo (AL/DR) 4:00 Greatest Events of World War II in Colour	10:00 Bible Study (CH) 14 10:30 Resident Advisory Council (AL/AR) 2:00 AL Activity Time: Crafty Corner (AL/AR) 3:30 Chorus Rehearsal (CR)	9:15 Exercise Class: Seated Dumbbells (Community Room/CH 955) 15 10:30 Ecumenical Service (CH) 1:30 Joan J's Book Report (OR) 2:00 Guest Speaker: Pastor Paul Ihlenfeld (CR) 2:30 Bingo (AL/DR)	8:30 *Men's Breakfast (TDR) 16 10:00 Fitness & Fun (AL/DR) 2:00 Harwood Health & Wellness Fair (CR)	9:15 Exercise Class (CR) 17 11:00 Harwood Place Writing Group (CH) 12:00 Massage Therapy (1st Floor Wellness Clinic) 1:30 Fitness & Fun (AL/DR) 3:00 Catholic Mass (CH)	1:30 Afternoon Movie: My Big Fat Greek Wedding 2 (Rated PG-13) (CR) 18
11:30 Chapel Service (CH) 19	9:15 Exercise Class (CR) 20 10:00 Mug Club (PRP) 2:30 Bingo (AL/DR) 2:30 Group Games (CR) 4:00 Greatest Events of World War II in Colour	10:00 Bible Study (CH) 21 2:00 AL Activity Time: Left Right Center Game (AL/AR) 2:00 Birthday Treat (PRP) 3:30 Chorus Rehearsal (CR)	9:15 Exercise Class (CR) 22 1:00 Holiday Craft Fair (CR) 2:30 Bingo (AL/DR) 6:30 *Outing: Nuncrackers at the Rep	Thanksgiving 11:30 Chapel Service (CH) 23	3:00 Catholic Mass (CH) 24	1:30 Afternoon Movie: The Choice (Rated PG-13) (CR) 25
11:30 Chapel Service (CH) 26	9:15 Exercise Class (CR) 27 10:00 Mug Club (PRP) 2:30 Bingo (AL/DR) 4:00 Greatest Events of World War II in Colour	10:00 Lutheran Communion (CH) 28 2:30 Bingo (AL/DR) 3:30 Chorus Rehearsal (CR)	9:15 Exercise Class: Seated Dumbbells (Community Room/CH 955) 29 2:00 Entertainment, Music by Rockin' Randy (CR)	10:00 Fitness & Fun (AL/DR) 30 2:00 AL Thursday Fun: Baking Group (AL/AR) 2:00 Harwood Happy Hour (PRP) 3:30 *Harwood Academy (CR)		

November 2023

Activity Calendar