

SUN	MON	TUE	WED	THUR	FRI	SAT
	New Year's Day 10:00 Vine Video: Dance in the New Year! (955) 1	9:15 Vine Video: Chair Exercise & Balance (955) 2 10:00 Bible Study (CH) 10:00 Fitness & Fun (AL/DR) 2:00 Cheers to the New Year Social (AL/DR) 2:00 Knit & Crochet (VR)	9:15 Exercise Class (CR) 3 1:30 *Outing: Beyond King Tut 2:30 Bingo (AL/DR)	9:30 *Elite Hearing (WC) 4 10:00 Fitness & Fun (AL/DR) 2:00 *National Trivia Day Activity (CR)	9:15 Exercise Class (CR) 5 12:00 Massage Therapy (1st Floor Wellness Clinic) 1:30 Fitness & Fun (AL/DR) 3:00 Catholic Mass (CH)	9:00 Vine Video: Chair Exercise (955) 6 10:15 Vine Video: Chair Exercise (955) 1:30 Afternoon Movie: Call Me Kate, Rated TV-14 (CR)
10:00 Vine Video: Gospel Chair Aerobics (955) 7 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	9:15 Exercise Class (CR) 8 10:00 Mug Club (PRP) 2:30 Bingo (AL/DR) 4:00 Greatest Events of World War II in Colour (CR)	9:15 Vine Video: Chair Exercise & Balance (955) 9 10:00 Bible Study (CH) 10:00 Fitness & Fun (AL/DR) 10:30 Resident Advisory Council (AL/AR) 1:30 Pet Therapy with Shoogar the Dog! (AL/SR) 3:30 Chorus Rehearsal (CR)	9:15 Exercise Class (CR) 10 2:00 Resident Art and Hobby Show! (PRP) 2:30 Bingo (AL/DR) 3:00 *Health and Wellness Presentation (OR)	9:00 *Tech Connect Clinic (COR) 11 10:00 Fitness & Fun (AL/DR) 2:00 Musical Entertainment with Mike and Sue (CR)	9:15 Exercise Class (CR) 12 1:30 Fitness & Fun (AL/DR) 3:00 Catholic Mass (CH)	9:00 Vine Video: Chair Exercise (955) 13 10:15 Vine Video: Chair Exercise (955) 1:30 Afternoon Movie: Gran Turismo, Rated PG-13 (CR)
10:00 Vine Video: Gospel Chair Aerobics (955) 14 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	Martin Luther King Jr. Day 9:15 Exercise Class (CR) 15 10:00 Mug Club (PRP) 2:00 Hallmark Movie Bingo! (AL/DR) 4:00 Greatest Events of World War II in Colour (CR)	9:15 Vine Video: Chair Exercise & Balance (955) 16 10:00 Bible Study (CH) 10:00 Fitness & Fun (AL/DR) 2:00 Pet Therapy with Shoogar the Dog! (CR) 3:30 Chorus Rehearsal (CR)	9:15 Exercise Class (CR) 17 10:30 Ecumenical Service (CH) 1:00 Joan J's Book Report (OR) 2:30 Bingo (AL/DR)	10:00 Fitness & Fun (AL/DR) 18 2:00 AL Thursday Fun: Penny Ante (AL/AR) 3:00 *Outing: Lakefront Brewery Tour and Dinner	9:15 Exercise Class (CR) 19 11:00 Harwood Place Writing Group (CH) 12:00 Massage Therapy (1st Floor Wellness Clinic) 1:30 Fitness & Fun (AL/DR) 3:00 Catholic Mass (CH)	9:00 Vine Video: Chair Exercise (955) 20 10:15 Vine Video: Chair Exercise (955) 1:30 Afternoon Movie: Life With Father, Rated PG-13 (CR)
10:00 Vine Video: Gospel Chair Aerobics (955) 21 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	9:15 Exercise Class (CR) 22 10:00 Mug Club (PRP) 2:30 Bingo (AL/DR) 4:00 Greatest Events of World War II in Colour (CR)	9:15 Vine Video: Chair Exercise & Balance (955) 23 10:00 Bible Study (CH) 2:00 Craft Corner: Wooden Bookmarks (AL/AR) 3:30 Chorus Rehearsal (CR)	9:15 Exercise Class: Seated Resistance Bands (CR/955) 24 2:00 Musical Entertainment with Paul Bast (CR) 2:30 Bingo (AL/DR)	10:00 Fitness & Fun (AL/DR) 25 1:30 Book Club (CH) 2:00 Music Entertainment with Greg Driss (AL/DR)	9:15 Exercise Class (CR) 26 1:30 Fitness & Fun (AL/DR) 3:00 Catholic Mass (CH)	9:00 Vine Video: Chair Exercise (955) 27 10:15 Vine Video: Chair Exercise (955) 1:30 Afternoon Movie: The Glenn Miller Story, Rated G (CR)
10:00 Vine Video: Gospel Chair Aerobics (955) 28 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	9:15 Exercise Class (CR) 29 10:00 Mug Club (PRP) 2:30 Bingo (AL/DR) 2:30 Musical Entertainment with Tom Stanfield (CR) 4:00 Greatest Events of World War II in Colour (CR)	9:15 Vine Video: Chair Exercise & Balance (955) 30 10:00 Lutheran Communion (CH) 1:30 Pet Therapy with Shoogar the Dog! (AL/SR) 3:30 Chorus Rehearsal (CR)	9:15 Exercise Class: Seated Dumbbells (CR/955) 31 2:00 Birthday Treat (PRP) 2:30 Bingo (AL/DR) 6:30 *Outing: Guys on Ice at the Rep	LOCATION KEY AL/AR - Assisted Living Activity Room AL/DR - Assisted Living Dining Room AL/SR - Assisted Living Sun Room 955 - CH955 The Vine CH - Chapel	CR - Community Room COR - Conference Room OR - Orchard Room PRP - Plank Road Pub VR - Villa Room WC - Wellness Center	

January 2024

Activity Calendar