

SUN	MON	TUE	WED	THUR	FRI	SAT
<b>LOCATION KEY</b> AL/AR - Assisted Living Activity Room AL/DR - Assisted Living Dining Room AL/SR - Assisted Living Sun Room 955 - CH955 The Vine	CH - Chapel CR - Community Room COR - Conference Room OR - Orchard Room PRP - Plank Road Pub TDR - Terrace Dining Room VR - Villa Room	WC - Wellness Center		9:30 *Elite Hearing (WC) <b>1</b> 10:00 Fitness & Fun (AL/SR) <b>2:00 Musical Entertainment with Alfonso Ponticelli (CR)</b>	<b>Groundhog Day</b> <b>2</b> 9:15 Exercise Class (CR) 11:00 Harwood Place Writing Group (CH) 12:00 Massage Therapy (1st Floor Wellness Clinic) 1:30 Fitness & Fun (AL/SR) 3:00 Catholic Mass (CH)	9:00 Vine Video: Chair Exercise (955) <b>3</b> 10:15 Vine Video: Chair Exercise (955) <b>1:30 Afternoon Movie: Harriet (Rated PG-13) (CR)</b>
10:00 Vine Video: Gospel Chair Aerobics (955) <b>4</b> 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	9:15 Exercise Class (CR) <b>5</b> <b>10:00 Mug Club (PRP)</b> 1:30 Fitness & Fun (AL/SR) 2:30 Bingo (AL/DR) <b>4:00 All The Light We Cannot See (CR)</b>	10:00 Bible Study (CH) <b>6</b> 2:00 Knit & Crochet (VR) <b>2:30 Bingo (AL/DR)</b> 3:30 Chorus Rehearsal (CR)	9:15 Exercise Class: Seated Dumbbells (CR/955) <b>7</b> <b>2:00 Valentine's Social (PRP)</b>	<b>9:00 *Tech Connect Clinic (COR)</b> <b>8</b> 10:00 Fitness & Fun (AL/SR) <b>2:00 *Paint N Sip (CR)</b>	9:15 Exercise Class (CR) <b>9</b> 1:30 Fitness & Fun (AL/SR) 3:00 Catholic Mass (CH)	<b>Chinese New Year Lunar New Year</b> <b>10</b> 9:00 Vine Video: Chair Exercise (955) 10:15 Vine Video: Chair Exercise (955) <b>1:30 Afternoon Movie: Get On Up (Rated PG-13) (CR)</b>
10:00 Vine Video: Gospel Chair Aerobics (955) <b>11</b> 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	9:15 Exercise Class (CR) <b>12</b> <b>10:00 Mug Club (PRP)</b> 1:30 Fitness & Fun (AL/SR) 2:30 Bingo (AL/DR) <b>4:00 All The Light We Cannot See (CR)</b>	10:00 Bible Study (CH) <b>13</b> <b>10:30 Resident Advisory Council (AL/AR)</b> <b>1:30 Entertainment: Music by the Bourbon Street Stompers (CR)</b> 3:30 Chorus Rehearsal (CR)	<b>Valentine's Day</b> <b>14</b> 9:15 Exercise Class: Seated Resistance Bands (CR/955) 10:00 Ecumenical Service (CH) 11:30 Chapel Service (CH) 2:30 Bingo (AL/DR) 3:00 Catholic Mass (CH)	<b>8:30 *Men's Breakfast (TDR)</b> <b>15</b> 9:00 Exercise Class (CR) <b>11:00 *Outing: Mimosa's</b> 2:30 Fitness & Fun (AL/SR) 3:00 Smart Living "Ecology" Display (TDR)	12:00 Massage Therapy (1st Floor Wellness Clinic) <b>16</b> 3:00 Catholic Mass (CH) <b>6:00 Music Entertainment with Suzuki Violinists (CR)</b>	9:00 Vine Video: Chair Exercise (955) <b>17</b> 10:15 Vine Video: Chair Exercise (955) <b>1:30 Afternoon Movie: Marshall (Rated PG-13) (CR)</b>
10:00 Vine Video: Gospel Chair Aerobics (955) <b>18</b> 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	<b>President's Day</b> <b>19</b> 9:15 Exercise Class (CR) <b>10:00 Mug Club (PRP)</b> 1:30 Fitness & Fun (AL/SR) 2:30 Bingo (AL/DR) <b>4:00 All The Light We Cannot See (CR)</b>	10:00 Bible Study (CH) <b>20</b> <b>2:00 Musical Entertainment with Ada Trio (AL/DR)</b> 3:30 Chorus Rehearsal (CR)	9:15 Exercise Class: Seated Dumbbells (CR/955) <b>21</b> 1:00 Joan J's Book Report (OR) <b>2:00 Audubon: Mammals Have Fur (CR)</b> 2:30 Bingo (AL/DR) 6:00 Chapel Service (CH)	9:00 Exercise Class (CR) <b>22</b> <b>10:00 Cupid's Café Social (PRP)</b> 1:30 Fitness & Fun (AL/SR) <b>3:30 *Harwood Academy Presentation (CR)</b>	3:00 Catholic Mass (CH) <b>23</b>	9:00 Vine Video: Chair Exercise (955) <b>24</b> 10:15 Vine Video: Chair Exercise (955) 1:30 Afternoon Movie: Race (Rated PG-13) (CR)
10:00 Vine Video: Gospel Chair Aerobics (955) <b>25</b> 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	9:15 Exercise Class (CR) <b>26</b> <b>10:00 Mug Club (PRP)</b> 1:30 Fitness & Fun (AL/SR) 2:30 Bingo (AL/DR) <b>4:00 All The Light We Cannot See (CR)</b>	10:00 Lutheran Communion (CH) <b>27</b> <b>2:00 AL Activity Time: Trivia (AL/AR)</b> 3:30 Chorus Rehearsal (CR)	9:15 Exercise Class: Seated Resistance Bands (CR/955) <b>28</b> <b>2:00 Birthday Treat (PRP)</b> 2:30 Bingo (AL/DR) 6:00 Chapel Service (CH)	9:00 Exercise Class (CR) <b>29</b> 1:30 Book Club (CH) 1:30 Fitness & Fun (AL/SR) <b>7:00 *Outing: Sunset Playhouse</b>		

# February 2024

## Activity Calendar