

SUN MON TUE WED THUR FRI SAT

LOCATION KEY
 955 - CH955 The Vine
 CH - Chapel
 CR - Community Room
 COR - Conference Room
 HC - Health Center
 OR - Orchard Room
 PRP - Plank Road Pub

TDR - Terrace Dining Room
 VR - Villa Room
 WC - Wellness Center

10:00 Vine Video: Gospel Chair Aerobics (955) **4**
 11:30 Chapel Service (CH)
 1:30 Vine Video: Gospel Chair Aerobics (955)

9:15 Exercise Class (CR) **5**
 10:00 LC Meeting (OR)
10:00 Mug Club (PRP)
 1:00 *Groceries
4:00 All The Light We Cannot See (CR)

10:00 Bible Study (CH) **6**
 1:00 In & Out Clinic (HC)
 2:00 Knit & Crochet (VR)
3:30 Chorus Rehearsal (CR)

8:30 *Caregiver Support (COR) **7**
 9:15 Exercise Class: Seated Dumbbells (CR/955)
2:00 Valentine's Social (PRP)

9:00 Balance Class (CR) **1**
 9:30 *Elite Hearing (WC)
10:30 Good News Group (OR)
 1:00 In & Out Clinic (HC)
2:00 Musical Entertainment with Alfonso Ponticelli (CR)

Groundhog Day **2**
 9:15 Exercise Class (CR)
 11:00 Harwood Place Writing Group (CH)
 12:00 Massage Therapy (1st Floor Wellness Clinic)
 1:00 *Groceries
 3:00 Catholic Mass (CH)

9:00 Vine Video: Chair Exercise (955) **3**
 10:15 Vine Video: Chair Exercise (955)
1:30 Afternoon Movie: Harriet (Rated PG-13) (CR)

10:00 Vine Video: Gospel Chair Aerobics (955) **11**
 11:30 Chapel Service (CH)
 1:30 Vine Video: Gospel Chair Aerobics (955)

9:15 Exercise Class (CR) **12**
 10:00 DSC Meeting (OR)
10:00 Mug Club (PRP)
 1:00 *Groceries
4:00 All The Light We Cannot See (CR)

10:00 Bible Study (CH) **13**
 11:00 Plarn Group (OR)
 1:00 In & Out Clinic (HC)
1:30 Entertainment: Music by the Bourbon Street Stompers (CR)
3:30 Chorus Rehearsal (CR)

Valentine's Day **14**
 9:15 Exercise Class: Seated Resistance Bands (CR/955)
 10:00 Ecumenical Service (CH)
 11:30 Chapel Service (CH)
 3:00 Catholic Mass (CH)

8:30 *Men's Breakfast (TDR) **15**
 9:00 Exercise Class (CR)
11:00 *Outing: Mimosa's
 1:00 In & Out Clinic (HC)
 3:00 Smart Living "Ecology" Display (TDR)

12:00 Massage Therapy (1st Floor Wellness Clinic) **16**
 1:00 *Groceries
 3:00 Catholic Mass (CH)
6:00 Music Entertainment with Suzuki Violinists (CR)

9:00 Vine Video: Chair Exercise (955) **17**
 10:15 Vine Video: Chair Exercise (955)
1:30 Afternoon Movie: Marshall (Rated PG-13) (CR)

10:00 Vine Video: Gospel Chair Aerobics (955) **18**
 11:30 Chapel Service (CH)
 1:30 Vine Video: Gospel Chair Aerobics (955)

President's Day **19**
 9:15 Exercise Class (CR)
10:00 Mug Club (PRP)
10:30 Stammtisch (OR)
 1:00 *Groceries
4:00 All The Light We Cannot See (CR)

10:00 Bible Study (CH) **20**
 1:00 In & Out Clinic (HC)
3:30 Chorus Rehearsal (CR)

8:30 *Caregiver Support (COR) **21**
 9:15 Exercise Class: Seated Dumbbells (CR/955)
 1:00 Joan J's Book Report (OR)
2:00 Audubon: Mammals Have Fur (CR)
 6:00 Chapel Service (CH)

9:00 Exercise Class (CR) **22**
10:00 Cupid's Café Social (PRP)
 10:30 UU Circle (OR)
 1:00 In & Out Clinic (HC)
2:00 50 Cent Bingo (CR)
 2:30 Smart Living Group (OR)
3:30 *Harwood Academy Presentation (CR)

1:00 *Groceries **23**
 3:00 Catholic Mass (CH)

9:00 Vine Video: Chair Exercise (955) **24**
 10:15 Vine Video: Chair Exercise (955)
1:30 Afternoon Movie: Race (Rated PG-13) (CR)

10:00 Vine Video: Gospel Chair Aerobics (955) **25**
 11:30 Chapel Service (CH)
 1:30 Vine Video: Gospel Chair Aerobics (955)

9:15 Exercise Class (CR) **26**
10:00 Mug Club (PRP)
 10:00 RAC Meeting (OR)
 1:00 *Groceries
4:00 All The Light We Cannot See (CR)

10:00 Lutheran Communion (CH) **27**
 1:00 In & Out Clinic (HC)
3:30 Chorus Rehearsal (CR)

9:15 Exercise Class: Seated Resistance Bands (CR/955) **28**
2:00 Birthday Treat (PRP)
3:00 *Health and Wellness (OR)
 6:00 Chapel Service (CH)

9:00 Exercise Class (CR) **29**
 1:00 In & Out Clinic (HC)
 1:30 Book Club (CH)
7:00 *Outing: Sunset Playhouse

Activity Calendar

February 2024
 Activity Calendar

