HP HEALTH & WELLNESS CATERS TO YOU

OUR PHILOSOPHY

At Harwood Place, we are committed to supporting you to live your best life possible with peace of mind. Our health and wellness services were born from the concept that the right services provided at the right time can keep you healthy and active. Our goal is for you to live independently, safely and comfortably in your community.

HP HEALTH AND WELLNESS SERVICES

Our basic services include:

- 24-hour access to on-site nursing staff
- Emergency response pendant
- Daily wellness checks
- Coordination of care with your physicians and specialists
- Health monitoring
- Annual wellness assessments by a nurse

REPUTATION FOR EXCELLENCE

Stay in your apartment home longer with additional support from Harwood Place Health and Wellness Services. Our friendly and compassionate staff have been providing comfortable and convenient independent living care for more than 30 years. Let us help you live your best life possible.

HARWOOD PLACE

Contact our Wellness Nurse to learn more at 414.727.3736

HEALTH & WELLNESS

Services

NURSING SERVICES INCLUDE:

Assistance with activities of daily living:

- · Dressing/grooming
- Bathing/showering
- · Oral hygiene
- Braces/splints/compression stockings
- Assistance with ambulation, mobility, transfers
- Toileting/bathroom assistance
- Incontinence support

- Medication management
- Medication administration including injections
- Assistance with glasses and hearing aids
- "Bounce Back" care
- Post rehab or surgery
- · Life events, short term
- New residents

CARE TEAMS

Services are catered to your needs and recommended through an assessment with our nurses. Our nurses, nursing assistants and therapists work together with your primary care provider and specialists to offer a high level of clinical expertise.

HARWOOD PLACE HEALTH & WELLNESS SERVICES VS. OTHER CAREGIVERS

Harwood Place

- Services start at \$22/day
- No minimum hour requirements
- Help from caregivers 24 hours a day when you need it
- · Caregivers are licensed CNA's
- · Access to a licensed nurse
- Medication Management is available
- Other services include superficial wound care, medical appointment coordination with use of AYS, bathing support, dressing and daily wellness checks, 24/7 response with pendant

Outside Caregiver

- Starts at \$30-35/per hour
- Minimum hour requirement is usually 4 hours
- Help only at prescheduled times
- Not all licensed CNAs
- Nursing services by an RN are not provided
- Does not provide medication management

A LA CARTE & CONCIERGE SERVICES CONCIERGE SERVICES INCLUDE:

Maintenance services such as:

- · Hanging pictures
- · Hanging additional shelving
- Moving small items into/out of storage

Housekeeping concierge services include:

- Additional cleanings
- Daily bed making or regular linen change
- Laundry
- Dishwashing
- · Weekly garbage removal

A LA CARTE SERVICES INCLUDE:

- Consultations with a registered nurse
- Assistance with bathing/ showering
- Ear or eye drop administration
- Injections

- · Wound care/treatments
- Medical setup of pill organizer
- · Pacemaker interrogation
- Personal training with our Wellness Coordinator



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