

SUN	MON	TUE	WED	THUR	FRI	SAT
	April Fool's Day 9:15 Exercise Class (CR) 1 10:00 LC Meeting (OR) 10:00 Mug Club (PRP) 1:00 *Groceries 2:00 Chorus Rehearsal (CR) 4:00 TV Series: The Crown (CR)	9:15 NIA Exercise (CR) 2 10:00 Bible Study (CH) 1:00 In & Out Clinic (HC) 2:00 Happy Hour (PRP) 2:00 Knit & Crochet (VR)	8:30 *Caregiver Support (COR) 3 9:15 Exercise Class: Seated Dumbbells (CR/955)	9:15 Balance Class (CR) 4 9:30 *Elite Hearing (WC) 10:30 Good News Group (OR) 1:00 In & Out Clinic (HC) 2:00 Musical Entertainment with Marcell Guyton (CR)	9:15 Exercise Class (CR) 5 10:00 *Estate Coaching Seminar (VR) 11:00 Harwood Place Writing Group (CH) 12:00 Massage Therapy (1st Floor Wellness Clinic) 1:00 *Groceries 3:00 Catholic Mass (CH)	9:00 Vine Video: Chair Exercise (955) 6 10:15 Vine Video: Chair Exercise (955) 1:30 Afternoon Movie: Journey to Bethlehem (Rated PG) (CR)
10:00 Vine Video: Gospel Chair Aerobics (955) 7 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	9:15 Exercise Class (CR) 8 10:00 DSC Meeting (OR) 10:00 Mug Club (PRP) 1:00 *Groceries 1:30 National Zoo Day Presentation (CR) 4:00 TV Series: The Crown (CR)	Eid al-Fitr 9:15 NIA Exercise (CR) 9 10:00 Bible Study (CH) 11:00 Plam Group (OR) 1:00 In & Out Clinic (HC) 3:30 Chorus Rehearsal (CR)	9:15 Exercise Class: Seated Resistance Bands (CR/955) 10 10:30 MSO 2024-25 Subscription Renewal (CR)	9:00 *Tech Connect Clinic (COR) 11 9:15 Balance Class (CR) 10:30 Reader's Theater (CH) 1:00 In & Out Clinic (HC) 2:00 Jeopardy! (CR) 4:45 *Outing: Eddie Martini's	9:15 Exercise Class (CR) 12 10:30 Ziggy Meet n Greet (CR) 1:00 *Groceries 1:00 Book Club CANCELLED (CH) 3:00 Catholic Mass (CH)	9:00 Vine Video: Chair Exercise (955) 13 10:15 Vine Video: Chair Exercise (955) 1:30 Afternoon Movie: Liff (PG-13) (CR)
10:00 Vine Video: Gospel Chair Aerobics (955) 14 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	Tax Day 9:15 Exercise Class (CR) 15 10:00 Mug Club (PRP) 1:00 *Groceries 4:00 TV Series: The Crown (CR)	9:15 NIA Exercise (CR) 16 10:00 Bible Study (CH) 1:00 In & Out Clinic (HC) 3:30 Chorus Rehearsal (CR)	8:30 *Caregiver Support (COR) 17 9:15 Exercise Class: Seated Dumbbells (CR/955) 10:30 Ecumenical Service (CH) 1:00 Joan J's Book Report (RR)	8:30 *Men's Breakfast (TDR) 18 9:15 Balance Class (CR) 1:00 In & Out Clinic (HC) 2:00 Musical Entertainment: Joel Kopischke (CR) 6:30 Entertainment: Kids Exceptional Choir (CR)	9:15 Exercise Class (CR) 19 10:30 Craft Corner: Painted Tote Bags (OR) 12:00 Massage Therapy (1st Floor Wellness Clinic) 1:00 *Groceries 3:00 Catholic Mass (CH)	9:00 Vine Video: Chair Exercise (955) 20 10:15 Vine Video: Chair Exercise (955) 1:30 Afternoon Movie: Fried Green Tomatoes (PG-13) (CR)
10:00 Vine Video: Gospel Chair Aerobics (955) 21 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	Passover Earth Day 9:15 Exercise Class (CR) 22 10:00 Mug Club (PRP) 10:00 RAC Meeting (OR) 1:00 *Groceries 4:00 TV Series: The Crown (CR)	9:15 NIA Exercise (CR) 23 10:00 Bible Study (CH) 1:00 In & Out Clinic (HC) 2:00 Birthday Treat (PRP) 3:30 Chorus Rehearsal (CR)	9:15 Exercise Class: Seated Resistance Bands (CR/955) 24 3:00 *Health and Wellness Presentation (CR)	9:15 Balance Class (CR) 25 10:30 UU Circle (OR) 1:00 In & Out Clinic (HC) 2:30 Smart Living Group (OR) 3:30 *Harwood Academy (CR) 7:00 *Outing: Sunset Playhouse	9:30 *Outing: MSO Concert 26 1:00 *Groceries 3:00 Catholic Mass (CH)	9:00 Vine Video: Chair Exercise (955) 27 10:15 Vine Video: Chair Exercise (955) 1:30 Afternoon Movie: Gifted Hands (Rated TV-PG) (CR)
10:00 Vine Video: Gospel Chair Aerobics (955) 28 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	9:15 Exercise Class (CR) 29 10:00 Mug Club (PRP) 1:00 *Groceries 4:00 TV Series: The Crown (CR)	9:15 NIA Exercise (CR) 30 10:00 Lutheran Communion (CH) 1:00 In & Out Clinic (HC) 2:00 50 Cent Bingo (CR) 3:30 Chorus Rehearsal (CR)	LOCATION KEY 955 - CH955 The Vine CH - Chapel CR - Community Room COR - Conference Room HC - Health Center OR - Orchard Room PRP - Plank Road Pub	RR - Recreation Room TDR - Terrace Dining Room VR - Villa Room WC - Wellness Center		

April 2024

Activity Calendar

