

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

<p><b>Daily Chronicles</b> 1  <b>Morning Exercise</b>  <b>Watercolor Painting</b>  <b>Bingo</b>  <b>Talking Circle</b>  <b>Sing-Along</b>  <b>Spa Day/Hand Massages</b></p>	<p>Worship Service 1:30 (ADC) 2  <b>Daily Chronicles</b>  <b>Morning Exercise</b>  <b>Inflatable Bowling</b>  <b>Board Games</b>  <b>EZ Does It-Pondering Prompts</b>  <b>July Humor</b></p>	<p>Card Club 10:30 (MCAL) 3  <b>Daily Chronicles</b>  <b>Morning Exercise</b>  <b>Walking Club</b>  <b>4th of July Trivia</b>  <b>4th of July Art</b>  <b>4th of July History</b></p>	<p> 4  <b>Center is Closed!</b></p>	<p>Balloon Volleyball 10:30 (HH) 5  <b>Daily Chronicles</b>  <b>Morning Exercise</b>  <b>Lei Craft Project</b>  <b>Luau Celebration</b>  <b>Hawaii Day History</b>  <small>National Hawaii Day.</small></p>
<p><b>Daily Chronicles</b> 8  <b>Morning Exercise</b>  <b>Dart Ball</b>  <b>Trivia</b>  <b>Who Am I?</b>  <b>July Riddle Jumble</b>  <b>True or False?</b></p>	<p><b>Daily Chronicles</b> 9  <b>Morning Exercise</b>  <b>Bingo</b>  <b>Beanbag Toss</b>  <b>Spa Day/Hand Massages</b>  <b>Junk Drawer Detective</b>  <b>Star of the Month</b></p>	<p>All House Intergen 10:30 (CY) 10  <b>Daily Chronicles</b>  <b>Morning Exercise</b>  <b>Talking Circle</b>  <b>Name That Tune</b>  <b>Travel Brief</b>  <b>List It or Leave It Game</b></p>	<p>Intergen with 4's 10:30 (ADC) 11  <b>Entertainment 2:00 (CY Café)</b>  <b>Daily Chronicles</b>  <b>Morning Exercise</b>  <b>Walking Club</b>  <b>Lifelong Learning-Fragrances</b>  <b>Finish the Phrase</b></p>	<p><b>Daily Chronicles</b> 12  <b>Morning Exercise</b>  <b>Group Crossword</b>  <b>Exploring the Bastille Activity</b>  <b>Tea Time &amp; Games (CY)</b>  <b>Short Story</b>  <b>Color by Number</b></p>
<p><b>Daily Chronicles</b> 15  <b>Morning Exercise</b>  <b>Can You Picture This?</b>  <b>Inflatable Bowling</b>  <b>July Humor Part 2</b>  <b>Uno</b>  <b>Puzzle Mania</b></p>	<p>Worship Service 1:30 (ADC) 16  <b>Daily Chronicles</b>  <b>Morning Exercise</b>  <b>Dart Ball</b>  <b>Rhymes and Riddles</b>  <b>Short Story</b>  <b>Jeopardy</b></p>	<p>Adult Day Outing 10:00 17  <b>Card Club 10:30 (MCAL)</b>  <b>Daily Chronicles</b>  <b>Morning Exercise</b>  <b>Watercolor Painting</b>  <b>Balloon Volleyball</b>  <b>Spa Day/Hand Massages</b></p>	<p>Intergen with 4's 10:30 (ADC) 18  <b>Daily Chronicles</b>  <b>Morning Exercise</b>  <b>Bingo</b>  <b>Sing-Along</b>  <b>Talking Circle</b>  <b>Remembering the Titanic</b></p>	<p>All House Intergen 10:30 (CY) 19  <b>Daily Chronicles</b>  <b>Morning Exercise</b>  <b>Walking Club</b>  <b>Movie Matinee &amp; Popcorn</b>  <b>Spa Day/ Hand Massages</b>  <b>What Am I?</b></p>
<p><b>Daily Chronicles</b> 22  <b>Morning Exercise</b>  <b>Trivia</b>  <b>Tea Time &amp; Games (CY)</b>  <b>Board Games</b>  <b>Rhymes and Riddles</b>  <b>Travelogue</b></p>	<p><b>Daily Chronicles</b> 23  <b>Morning Exercise</b>  <b>Walking Club</b>  <b>Name That Tune</b>  <b>EZ Does It-Short Story</b>  <b>Jelly and Jam Tasting</b>  <small>Jelly and Jam Day.</small></p>	<p><b>Daily Chronicles</b> 24  <b>Morning Exercise</b>  <b>Did You Know?</b>  <b>Soft Music/Meditation</b>  <b>Self-Care Art</b>  <b>Spa Day/Hand Massages</b>  <small>International Self-Care Day</small></p>	<p>Intergen with 4's (ADC) 25  <b>Entertainment 2:00 (HH)</b>  <b>Daily Chronicles</b>  <b>Morning Exercise</b>  <b>Color by Number</b>  <b>Finish the Phrase</b>  <b>Beanbag Toss</b></p>	<p><b>Daily Chronicles</b> 26  <b>Morning Exercise</b>  <b>Baking Time</b>  <b>Bingo</b>  <b>Dart Ball</b>  <b>Talking Circle-Olympics</b>  <b>Jeopardy</b></p>
<p><b>Daily Chronicles</b> 29  <b>Morning Exercise</b>  <b>Walking Club</b>  <b>Who Am I?</b>  <b>Beanbag Toss</b>  <b>Know Your Neighbor Game</b>  <small>Getting to Know You Day</small></p>	<p><b>Daily Chronicles</b> 30  <b>Morning Exercise</b>  <b>Watercolor painting</b>  <b>Bingo</b>  <b>Sing-Along</b>  <b>Talking Circle: Friendships</b>  <small>International Day of Friendship</small></p>	<p>Adult Day Outing 10:00 31  <b>Card Club 10:30 (MCAL)</b>  <b>Daily Chronicles</b>  <b>Morning Exercise</b>  <b>Inflatable Bowling</b>  <b>Spa Day/Hand Massages</b>  <b>Balloon Volleyball</b></p>	<p>  <b>The Lutheran Home</b>  <b>July 2024</b>  <b>Adult Day Calendar</b></p>	

**~Calendar is subject to change~**

Room Key: \*HH=Hardt Hall \*CY=Court Yard \* MCAL=Elaine's Hope Community Room\* ADC=Adult Day Center