




 <p>LUTHERAN HOME MEMORY CARE</p>	<p>9:15- Chair Yoga <b>1</b>  <b>10:30- Watercolor Workshop (SS)</b>  <b>11:00- Sunshine &amp; Spritzers (on unit)</b>            1:30- Bocce Ball (CR)            3:00- Guess in 10</p> <p>Canada Day            National Joke Day </p>	<p>9:15- Morning Exercise <b>2</b>  <b>10:30- Pool Noodle Craft (CR)</b>  <b>1:30- 4th of July Bingo (CR)</b>            3:00- Board Games</p>	<p>9:15- Chair Yoga <b>3</b>  <b>10:30- Card Club (CR)</b>            1:30- Peaceful Painting (CR)            3:00- Rhymes &amp; Riddles            6:30- Evening Indulgence</p> <p>Happy Birthday Vera! </p>	<p>9:15- Morning Exercise <b>4</b>            10:30- Independence Day Sing-a-long (on unit)            1:30- Sunshine &amp; Spritzers (on unit)            3:00- 4th of July Trivia (on unit)</p> <p>Independence Day (US) </p>	<p>9:15- Chair Zumba! <b>5</b>  <b>10:30- Balloon Volleyball (HH)</b>            1:30- 4th of July Happy Hour (CR)            3:00- Guess that Tune</p>	<p>9:15- Morning Exercise <b>6</b>            10:30- Movie &amp; Snack            1:30- Kerplunk Game            3:00- Walking Club &amp; Resident's Choice            7:00- Soft Music</p>
<p>9:15- Morning Stretching <b>7</b>            10:00- Lutheran Church Service (Ch.2)            1:30- Ring Toss Game            3:00- Strawberry Sundaes (on unit)            6:00- Manicures &amp; Massages</p> <p>National Strawberry Sundae Day            Happy Birthday Marianne! </p>	<p>9:15- Chair Yoga <b>8</b>  <b>10:30- Knitting Circle (SS)</b>  <b>11:00- Sunshine &amp; Spritzers (on unit)</b>            1:30- Bocce Ball (CR)            3:00- Guess in 10</p> <p>National Freeze Pop Day </p>	<p>9:15- Morning Exercise <b>9</b>  <b>10:30- MCAL Intergen: Popsicle Craft (CR)</b>            1:30- Bingo (CR)            3:00- Board Games</p> <p>National Sugar Cookie Day </p>	<p>9:15- Chair Yoga <b>10</b>  <b>10:30- All House Intergen: Water Play (CY)</b>  <b>1:00- Joys Ice Cream Outing</b>            1:30- Sunshine &amp; Spritzers (on unit)            3:00- Uno!            6:30- Evening Indulgence</p>	<p>9:15- Morning Exercise <b>11</b>            10:00- Catholic Service (CH)            11:00- Toddler Visits  <b>12:00- Pasadena Luncheon 2:00- Musical Performance by Groovy (Café)</b>            3:00- Hangman  Pictionary</p> <p>Happy Birthday JoAnn </p>	<p>9:15- Chair Zumba! <b>12</b>            10:30- Family Feud (on unit)            1:30- Happy Hour Cart (on unit)            3:00- Patio Visits</p>	<p>9:15- Morning Exercise <b>13</b>            10:30- Movie &amp; Snack            1:30- Kerplunk Game            3:00- Walking Club &amp; Resident's Choice            7:00- Soft Music</p> <p>Happy Birthday Irene! </p>
<p>9:15- Morning Stretching <b>14</b>            10:00- Lutheran Church Service (Ch.2)            1:30- Ring Toss Game            3:00- Patio Visits            6:00- Manicures &amp; Massages</p> <p>Bastille Day </p>	<p>9:15- Chair Yoga <b>15</b>  <b>10:30- Watercolor Workshop (SS)</b>  <b>11:00- Sunshine &amp; Spritzers (on unit)</b>            1:30- Bocce Ball (CR)            3:00- Guess in 10</p>	<p>9:15- Morning Exercise <b>16</b>  <b>10:30- Bastille Day Themed Coffee Corner (CR)</b>            1:30- Bingo (CR)            3:00- Board Games</p>	<p>9:15- Chair Yoga <b>17</b>            10:30- Card Club (CR)  <b>1:30- "Test Your Luck" (CR)</b>            3:00- Rhymes &amp; Riddles            6:30- Evening Indulgence</p> <p>National Lottery Day </p>	<p>9:15- Morning Exercise <b>18</b>            10:30- Lutheran Service (CR)            11:00- Toddler Visits  <b>2:00- Musical Performance by Andy Rosario Sponsored by the Toni Copoulos Fund (HH)</b>            3:00- Remembering the Titanic Trivia (on unit)</p> <p>Happy Birthday Colleen </p>	<p>9:15- Chair Zumba! <b>19</b>  <b>10:30- All House Intergen: Wheelchair Wash (CY)</b>            1:30- Happy Hour (CR)            3:00- Guess that Tune</p>	<p>9:15- Morning Exercise <b>20</b>            10:30- Movie &amp; Snack            1:30- Kerplunk Game            3:00- Walking Club &amp; Resident's Choice            7:00- Soft Music</p> <p>Happy Birthday Milda! </p>
<p>9:15- Morning Stretching <b>21</b>            10:00- Lutheran Church Service (Ch.2)            1:30- Ring Toss Game            3:00- Patio Visits            6:00- Manicures &amp; Massages</p>	<p>9:15- Chair Yoga <b>22</b>            10:30- Hangman (on unit)  <b>11:00- Sunshine &amp; Spritzers (on unit)</b>            1:30- Bocce Ball (on unit)            3:00- Guess in 10</p>	<p>9:15- Morning Exercise <b>23</b>  <b>10:30- MCAL Intergen: Playground Fun (Playground)</b>            1:30- Bingo (CR)            3:00- Board Games</p>	<p>9:15- Chair Yoga <b>24</b>  <b>10:30- Sun Catcher Craft (CR)</b>            1:00- Peaceful Painting (CR)            3:00- Uno!            6:30- Evening Indulgence</p>	<p>9:15- Morning Exercise <b>25</b>            10:00- Catholic Service (CH)            11:00- Toddler Visits  <b>2:00- Musical Performance by Remember When Duo (HH)</b>            3:00- Hangman  Pictionary</p> <p>Happy Birthday Ellen! </p>	<p>9:15- Chair Zumba! <b>26</b>            10:30- Trivia on the Patio (on unit)            1:30- Happy Hour (CR)            3:00- Guess that Tune</p>	<p>9:15- Morning Exercise <b>27</b>            10:30- Movie &amp; Snack            1:30- Kerplunk Game            3:00- Walking Club &amp; Resident's Choice            7:00- Soft Music</p>
<p>9:15- Morning Stretching <b>28</b>            10:00- Lutheran Church Service (Ch.2)            1:30- Ring Toss Game            3:00- Patio Visits            6:00- Manicures &amp; Massages</p>	<p>9:15- Chair Yoga <b>29</b>  <b>10:30- All About NASA (CR)</b>  <b>11:00- Sunshine &amp; Spritzers (on unit)</b>            1:30- Bocce Ball (CR)            3:00- Guess in 10</p> <p>NASA Day </p>	<p>9:15- Morning Exercise <b>30</b>  <b>10:30- Coffee Corner with Resident Council (CR)</b>            1:30- Bingo (CR)            3:00- Board Games</p>	<p>9:15- Chair Yoga <b>31</b>  <b>10:30- Card Club (CR)</b>            1:30- Peaceful Painting (CR)            3:00- Guess in 10            6:30- Evening Indulgence</p>			