

SUN	MON	TUE	WED	THUR	FRI	SAT
10:00 Vine Video: Gospel Chair Aerobics (955) 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	1 Labor Day 10:00 RA: LC Meeting (OR)	2 1:00 In & Out Clinic (HC) 2:00 Happy Hour (PRP) 2:00 RA: Knit & Crochet (VR)	3 8:30 *Caregiver Support (COR) 9:15 Video Exercise (Community Room/955) 2:00 *The Arts of Aging Art Workshop (CR)	4 9:00 Musical Movement Exercise (CR) 9:30 *Elite Hearing (WC) 10:30 Good News Group (OR) 1:00 In & Out Clinic (HC) 1:30 Grab and Go Retirement Party for Judy (PRP) 2:00 *Introduction to Art Therapy Workshop (CR)	5 9:15 Video Exercise (Community Room/955) 12:00 Massage Therapy (1st Floor Wellness Clinic) 1:00 *Groceries 3:00 Catholic Mass (CH)	6 9:00 Vine Video: Chair Exercise (955) 10:15 Vine Video: Chair Exercise (955) 1:30 Afternoon Movie: Family Switch (Rated PG) (CR)
10:00 Vine Video: Gospel Chair Aerobics (955) 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	8 9:15 Video Exercise (Community Room/955) 10:00 RA: DSC Meeting (OR) 10:00 Mug Club (PRP) 1:00 *Groceries 4:00 TV Series: Our Planet (CR)	9 10:00 Bible Study (CH) 11:00 Plarn Group (OR) 1:00 In & Out Clinic (HC) 1:30 World Wildlife Fund Presentation (CR) 3:30 RA: Chorus Rehearsal (CR)	10 9:15 Yoga for Stretch and Strength Group Exercise Class (CR) 2:00 9/11 Presentation & Remembrance (CR)	11 9:00 *Tech Connect Clinic (COR) 9:00 Musical Movement Exercise (CR) 10:30 RA: Reader's Theater (CH) 1:00 In & Out Clinic (HC) 2:00 Entertainment, Music by Joe Kadlec (CR)	12 9:15 Video Exercise (Community Room/955) 1:00 *Groceries 1:30 *Art Therapy (VR) 3:00 Catholic Mass (CH)	13 9:00 Vine Video: Chair Exercise (955) 10:15 Vine Video: Chair Exercise (955) 1:30 Afternoon Movie: The Union (Rated PG-13) (CR)
10:00 Vine Video: Gospel Chair Aerobics (955) 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	15 9:15 Video Exercise (Community Room/955) 10:00 Mug Club (PRP) 10:30 RA: Stammtisch (OR) 1:00 *Groceries 4:00 TV Series: Our Planet (CR)	16 10:00 Bible Study (CH) 1:00 In & Out Clinic (HC) 1:30 *Art Therapy (VR) 3:30 RA: Chorus Rehearsal (CR)	17 8:30 *Caregiver Support (COR) 9:15 Yoga for Stretch and Strength Group Exercise Class (CR) 10:30 Ecumenical Service (CH) 1:00 RA: Joan J's Book Report (RR) 2:00 Musical Entertainment with Groovy (CR)	18 8:30 RA: *Men's Breakfast (TDR) 9:00 Musical Movement Exercise (CR) 11:15 *Outing: Cooper's Hawk Winery and Restaurant 1:00 In & Out Clinic (HC) 2:00 50 Cent Bingo (CR)	19 9:15 Video Exercise (Community Room/955) 11:00 RA: Writing Group Story Reading Presentation (CR) 12:00 Massage Therapy (1st Floor Wellness Clinic) 1:00 *Groceries 3:00 Catholic Mass (CH)	20 9:00 Vine Video: Chair Exercise (955) 10:15 Vine Video: Chair Exercise (955) 1:30 Afternoon Movie: Shirley (Rated PG-13) (CR)
10:00 Vine Video: Gospel Chair Aerobics (955) 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	22 9:15 Video Exercise (Community Room/955) 10:00 Mug Club (PRP) 10:00 RA: RAC Meeting (OR) 1:00 *Groceries 4:00 TV Series: Our Planet (CR)	23 10:00 Lutheran Communion (CH) 1:00 In & Out Clinic (HC) 1:30 *Art Therapy (VR) 2:00 Birthday Treat (PRP) 3:30 RA: Chorus Rehearsal (CR)	24 9:15 Yoga for Stretch and Strength Group Exercise Class (CR) 11:15 *Outing: Le Rêve Patisserie & Café	25 9:00 Musical Movement Exercise (CR) 10:30 RA: UU Circle (OR) 12:00 *Book Club Luncheon (CR) 1:00 In & Out Clinic (HC) 2:30 RA: Smart Living Group (OR) 3:30 RA: *Harwood Academy (CR)	26 9:15 Video Exercise (Community Room/955) 1:00 *Groceries 1:30 RA: Trivial Pursuit Game (CR) 3:00 Catholic Mass (CH)	27 9:00 Vine Video: Chair Exercise (955) 10:15 Vine Video: Chair Exercise (955) 1:30 Afternoon Movie: Walk. Ride. Rodeo. (Rated TV-PG) (CR)
10:00 Vine Video: Gospel Chair Aerobics (955) 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	29 9:15 Video Exercise (Community Room/955) 10:00 Mug Club (PRP) 1:00 *Groceries 4:00 TV Series: Our Planet (CR)	30 LOCATION KEY 955 - CH955 The Vine CH - Chapel CR - Community Room COR - Conference Room HC - Health Center OR - Orchard Room PRP - Plank Road Pub RR - Recreation Room	TDR - Terrace Dining Room VR - Villa Room WC - Wellness Center			RA - Resident-Run Activity

September 2024

Activity Calendar

