

SUN	MON	TUE	WED	THUR	FRI	SAT
<b>LOCATION KEY</b> 955 - CH955 The Vine CH - Chapel CR - Community Room COR - Conference Room HC - Health Center OR - Orchard Room PRP - Plank Road Pub RR - Recreation Room	VR - Villa Room WC - Wellness Center		<b>New Year's Day</b> <b>1</b>	9:15 Tai Chi with Joe (CR) <b>2</b> 9:30 *Elite Hearing (WC) <b>10:30 Good News Group (OR)</b> 1:00 In & Out Clinic (HC) <b>2:00 RA: Trivial Pursuit Strikes Again (CR)</b>	9:15 Group Exercise with Joe (CR) <b>3</b> 12:00 Massage Therapy (1st Floor Wellness Clinic) 1:00 *Groceries 3:00 Catholic Mass (CH)	9:00 Vine Video: Chair Exercise (955) <b>4</b> 10:15 Vine Video: Chair Exercise (955) <b>1:30 Afternoon Movie: Mary (TV-14) (CR)</b>
10:00 Vine Video: Gospel Chair Aerobics (955) <b>5</b> 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	9:15 Group Exercise with Joe (CR) <b>6</b> 10:00 RA: LC Meeting (OR) <b>10:00 Mug Club (PRP)</b> 1:00 *Groceries <b>4:00 TV Series: Our Great National Parks (CR)</b>	9:15 Balance Class with Joe (CR) <b>7</b> 10:00 Bible Study (CH) 1:00 In & Out Clinic (HC) 1:15 Afternoon Group Exercise (CR) 1:30 Art Therapy (VR) 2:00 RA: Knit & Crochet (OR) <b>3:30 RA: Chorus Rehearsal (CR)</b>	9:15 Yoga with Joe (CR) <b>8</b> <b>2:00 Music Entertainment: Sweet Ginger Pie (CR)</b>	9:15 Musical Movement Exercise (CR) <b>9</b> <b>10:30 RA: Reader's Theater (CH)</b> <b>11:30 *Outing: St. Paul's Fishery Lunch</b> 1:00 In & Out Clinic (HC)	9:15 Group Exercise with Joe (CR) <b>10</b> 1:00 *Groceries 3:00 Catholic Mass (CH)	9:00 Vine Video: Chair Exercise (955) <b>11</b> 10:15 Vine Video: Chair Exercise (955) <b>1:30 Afternoon Movie: Queen Bees (Rated -13) (CR)</b>
10:00 Vine Video: Gospel Chair Aerobics (955) <b>12</b> 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	9:15 Group Exercise with Joe (CR) <b>13</b> 10:00 RA: DSC Meeting (OR) <b>10:00 Mug Club (PRP)</b> 1:00 *Groceries <b>4:00 TV Series: Secret World of Sound with David Attenborough (CR)</b>	9:15 Balance Class with Joe (CR) <b>14</b> 10:00 Bible Study (CH) 11:00 Plam Group (OR) 1:00 In & Out Clinic (HC) 1:15 Afternoon Group Exercise (CR) 1:30 Art Therapy (VR) <b>3:30 RA: Chorus Rehearsal (CR)</b> 5:30 Wellness Program Presentation	8:30 *Caregiver Support (COR) <b>15</b> 9:15 Yoga with Joe (CR) 10:30 Ecumenical Service (CH) <b>11:30 *Outing: Lunch at Ally's Bistro</b> 1:00 RA: Joan J's Book Report (RR)	9:15 Musical Movement Exercise (CR) <b>16</b> 1:00 In & Out Clinic (HC) <b>2:00 50 Cent Bingo (CR)</b> <b>6:00 Music Entertainment with Suzuki Violinists (CR)</b>	9:15 Group Exercise with Joe (CR) <b>17</b> 12:00 Massage Therapy (1st Floor Wellness Clinic) 1:00 *Groceries 3:00 Catholic Mass (CH)	9:00 Vine Video: Chair Exercise (955) <b>18</b> 10:15 Vine Video: Chair Exercise (955) <b>1:30 Theater Design and Upcycling Presentation (CR)</b>
10:00 Vine Video: Gospel Chair Aerobics (955) <b>19</b> 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	<b>Martin Luther King Jr. Day</b> <b>20</b> 9:15 Group Exercise with Joe (CR) <b>10:00 Mug Club (PRP)</b> 1:00 *Groceries <b>4:00 TV Series: Secret World of Sound with David Attenborough (CR)</b>	9:15 Balance Class with Joe (CR) <b>21</b> 10:00 Bible Study (CH) 1:00 In & Out Clinic (HC) 1:15 Afternoon Group Exercise (CR) 1:30 Art Therapy (VR) <b>3:30 RA: Chorus Rehearsal (CR)</b>	9:15 Yoga with Joe (CR) <b>22</b> <b>2:00 Musical Entertainment with Jay Isaacson (CR)</b>	9:15 Musical Movement Exercise (CR) <b>23</b> 10:30 RA: UU Circle (OR) 1:00 In & Out Clinic (HC) <b>2:00 Schlitz Audubon Nature Center Presentation: Eagle and Friends (CR)</b> 2:30 RA: Smart Living Group (OR) <b>6:00 WCM Musical Performance (CR)</b>	9:15 Group Exercise with Joe (CR) <b>24</b> <b>11:00 RA: Harwood Place Writing Group (CH)</b> 1:00 *Groceries 3:00 Catholic Mass (CH)	9:00 Vine Video: Chair Exercise (955) <b>25</b> 10:15 Vine Video: Chair Exercise (955) <b>1:30 Afternoon Movie: Silverado (PG-13) (CR)</b>
10:00 Vine Video: Gospel Chair Aerobics (955) <b>26</b> 11:30 Chapel Service (CH) 1:30 Vine Video: Gospel Chair Aerobics (955)	9:15 Group Exercise with Joe (CR) <b>27</b> <b>10:00 Mug Club (PRP)</b> 10:00 RA: RAC Meeting (OR) 1:00 *Groceries <b>4:00 TV Series: Secret World of Sound with David Attenborough (CR)</b>	9:15 Balance Class with Joe (CR) <b>28</b> 10:00 Lutheran Communion (CH) 1:00 In & Out Clinic (HC) 1:15 Afternoon Group Exercise (CR) 1:30 Art Therapy (VR) <b>3:30 RA: Chorus Rehearsal (CR)</b>	<b>Chinese New Year</b> <b>29</b> 9:15 Yoga with Joe (CR) 1:30 Book Club (CH) <b>3:00 Name Tag Social (PRP)</b>	9:15 Tai Chi with Joe (CR) <b>30</b> 1:00 In & Out Clinic (HC) <b>2:00 Musical Entertainment with Alfonso Ponticelli (CR)</b>	9:15 Group Exercise with Joe (CR) <b>31</b> 1:00 *Groceries <b>2:00 Birthday Treat (PRP)</b> 3:00 Catholic Mass (CH)	RA - Resident-Run Activity

# January 2025

## Activity Calendar

