

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
6		Homemade Meatloaf	Honey Garlic Chicken Thighs Cheesy Rice Steamed Broccoli (A) Strawberry Shortcake	BBQ Pulled Pork on Bun Corn Casserole Baked Beans Watermelon Slice	Beef Pot Roast w/ Brown Gravy	Chicken Parmesan
		Baked Potato w/Sour				Buttered Penne Pasta
		Cream & Butter			Herb Mashed Potatoes	Buttered Peas
		Buttered Carrots (A)			Garden Blend Vegetables (A) Mississippi Mud Cake	Apple Crisp (FR)
		Dinner Roll/Butter				
	7	Pudding Cream Pie	9	10	11	12
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ish of the Day	Red Beans & Rice w/Sausage Green Beans w/ Bacon &	Baked Chicken	Glazed Ham	Chicken Kiev	Braised Beef Tips with Gravy Buttered Egg Noodles	Honey Glazed Pork Loin
artar Sauce		Mashed Potatoes & Gravy	Herb Stuffing	Rice Pilaf		Roasted Sweet Potatoes (A)
u Gratin Potatoes	Onion	Buttered Carrots (A)	Broccoli (A)	Corn on the Cob	Garlic Green Beans	Collard Greens (A)
lixed Vegetables	Cornbread/Butter	Ice Cream Novelty	Dinner Roll/Butter	Chocolate Cake w/Chocolate Frosting	Strawberry Rhubarb Pie	Dinner Roll/Butter
Jell-O Cake w/Whipped Topping	Peach Cobbler		Banana Cake			Apple Crisp (FR)
13	14	15	16	17	18	19
Breaded Fish Fillet	Turkey Ala King over Biscuit Vegetable Medley	Lemon Pepper Chicken	Beef Stroganoff over Noodles	Roast Turkey Herb Stuffing Steamed Broccoli (A)	Chicken Salad on Croissant	Beef Bolognese
lacaroni & Cheese		Oven Roasted Parmesan				Italian Blend Vegetables
Creamy Coleslaw			Roasted Brussel Sprouts		Garnish: Lettuce Leaf & Tomato Slice	(A)
Caramel Glazed Bread	Brownie	Green Beans	Pineapple Tidbits	Cranberry Sauce	Potato Chips	Garlic Breadstick
Pudding		Coffee Ice Cream	Dinner Roll/Butter	Cherry Pie	Brownie	Frosted Vanilla Cake
20	21	22	23	24	25	26
ish of the Day	Brown Sugar Mustard	Country Fried Steak	Chicken Paprikash	Garlic Herbed Pork Loin	Turkey Tetrazzini	Salisbury Steak
lice Pilaf	Glazed Ham	Country Gravy	Buttered Egg Noodles Bu	Buttered Italian Blend	Buttered Carrots (A)	Mashed Potatoes
heesy Squash Casserole	Au Gratin Potatoes	Mashed Potatoes	Squash Medley	Vegetables (A)	Dinner Roll/Butter	Green Beans w/ Bacon &
pple Cobbler (FR)	Green Peas	Steamed Broccoli (A)	Dinner Roll/Butter	Baked Potato w/Sour Cream & Butter	Apple Crumble (FR)	Onion
	Dinner Roll/Butter	Boston Cream Pie	Blushing Pears	Chocolate Cake w/Peanut Butter Frosting		Cinnamon Sugar Blondie Bar
	Cookies and Cream Ice Cream					bai
27	28	29	30	1	2	3
Parmesan Crusted Fish	BBQ Baked Chicken	Homemade Meatloaf	Honey Garlic Chicken			
creamy Noodles	Texas Potatoes Seasoned Spinach (A) Frosted Cake	Baked Potato w/Sour	Thighs Cheesy Rice			
lerb Green Beans		Cream & Butter				
Butterscotch Layer Dessert		Buttered Carrots (A)	Steamed Broccoli (A)			
		Dinner Roll/Butter	Strawberry Shortcake			
		Pudding Cream Pie		1		

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!